Long-Term Safety and Efficacy of Olanzapine/Samidorphan: Results of a 4-Year Open-Label Study

Jacob S. Ballon,¹ René S. Kahn,² Christina Arevalo,³ Martin Dunbar,³ David McDonnell,⁴ Christoph U. Correll⁵⁻⁷

¹Stanford University, Stanford, CA, USA; ²Icahn School of Medicine at Mount Sinai, New York, NY, USA; ³Alkermes, Inc., Waltham, MA, USA; ⁴Alkermes Pharma Ireland Ltd., Dublin, Ireland; ⁵Zucker Hillside Hospital, Glen Oaks, NY, USA; ⁶Donald and Barbara Zucker School of Medicine at Hofstra/Northwell, Hempstead, NY, USA; ⁷Charité Universitätsmedizin, Berlin, Germany



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Introduction and Background

- Olanzapine is an effective antipsychotic medication for the treatment of schizophrenia and bipolar I disorder, but its use is limited by weight and metabolic concerns¹⁻⁴
- Olanzapine combined with samidorphan (OLZ/SAM) is approved for the treatment of schizophrenia and bipolar I disorder in adults⁵
- OLZ/SAM provides the established antipsychotic efficacy of olanzapine but with less weight gain⁶⁻⁸
- The objective of this study was to evaluate the long-term safety, tolerability, and durability of treatment effect of OLZ/SAM in patients with up to 4 years of openlabel treatment experience

OLZ/SAM, olanzapine combined with samidorphan.

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Transition of Patients From Antecedent Studies Into Long-Term Extension Study



BD-I, bipolar I disorder; EXT, extension; OLZ/SAM, olanzapine combined with samidorphan; SZ, schizophrenia.

Long-Term Extension Study: Patient Disposition and Sites



Study period ran from June 2017 to September 2023.

188/523 (35.9%) of patients met the protocol definition of completion and received at least 2 and up to 4 years of treatment. ^aThe safety population included all patients who enrolled and received ≥1 dose of study drug during the treatment period. ^bIncludes discontinuations due to the COVID-19 pandemic. ^cReason for treatment discontinuation has not been collected. 2 (0.4)

United Kingdom

Study Design



AE, adverse event; CGI-S, Clinical Global Impressions–Severity; OLZ/SAM, olanzapine combined with samidorphan.

Demographics and Baseline Characteristics

Parameters	All Patients (N=523)
Age, mean (SD), years	35.1 (12.2)
Male, n (%)	322 (61.6)
Race, n (%)	
White	380 (72.7)
Black	126 (24.1)
Asian/Other ^a	17 (3.3)
Diagnosis, n (%)	
Schizophrenia/schizophreniform disorder	475 (91.8)
Bipolar I disorder	48 (9.2)
Weight, mean (SD), kg	77.4 (15.5)
BMI, mean (SD), kg/m ²	26.0 (4.3)
CGI-S score, mean (SD)	3.1 (0.9)

^a"Other" includes patients who were American Indian or Alaska Native individuals, those reporting multiple races, and those responding "other." BMI, body mass index; CGI-S, Clinical Global Impressions–Severity.

Mean Change From Baseline in CGI-S Score



CGI-S, Clinical Global Impressions–Severity.

Mean Change From Baseline in Body Weight



Mean Change From Baseline in Waist Circumference



Mean Change From Baseline in Total Cholesterol



Mean Change From Baseline in HDL Cholesterol



HDL, high-density lipoprotein.

Mean Change From Baseline in LDL Cholesterol



LDL, low-density lipoprotein.

Mean Change From Baseline in Triglycerides



Mean Change From Baseline in HbA_{1c}



Mean Change From Baseline in Glucose



Common Adverse Events

Category	Patients, n (%) (N=523)
Any AE	314 (60.0)
AEs by severity	
Mild	143 (27.3)
Moderate	148 (28.3)
Severe	23 (4.4)
AEs leading to treatment discontinuation	44 (8.4)
Any SAE	35 (6.7)
SAE leading to death	1 (0.2)

Category	Patients, n (%) (N=523)
Most common AEs (≥5%)	
Weight increase	51 (9.8)
Headache	37 (7.1)
Anxiety	32 (6.1)
Insomnia	31 (5.9)
Somnolence	31 (5.9)
Nausea	30 (5.7)
Weight decrease	30 (5.7)

AE, adverse event; SAE, serious adverse event.

Conclusions

- In this open-label extension study, 53.7% (242/451) of eligible patients received ≥2 years of treatment, and 32.5% (109/335) received 4 years of treatment
- OLZ/SAM maintained symptom control and had a long-term safety profile over 4 years that was consistent with past observations of OLZ/SAM use¹⁻⁵ in patients with schizophrenia or bipolar I disorder
 - Small changes in body weight
 - Minimal changes in waist circumference
 - Minimal changes in metabolic parameters
- These results highlight the long-term safety and clinical benefits of OLZ/SAM for the maintenance treatment of schizophrenia and bipolar I disorder

OLZ/SAM, olanzapine combined with samidorphan.

Potkin SG, et al. J Clin Psychiatry. 2020;81(2):19m12769.
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